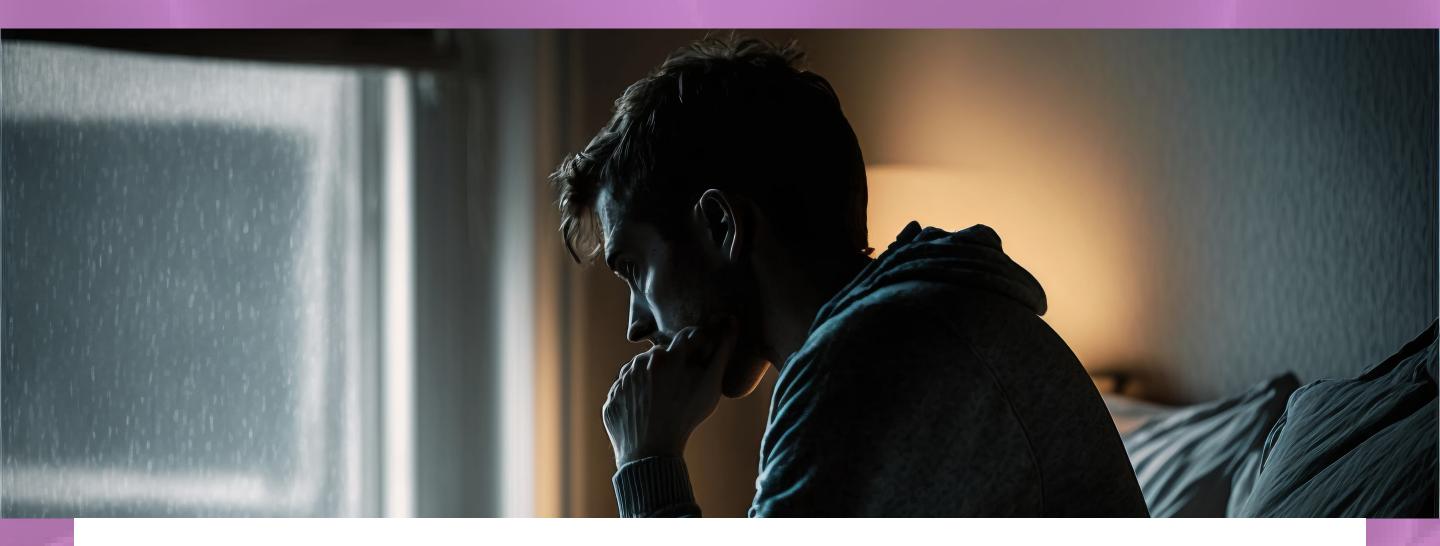


Substance abuse can lead to depression in multiple ways:



Neurochemical Changes

Substances like alcohol, opioids, and stimulants can alter the brain's structure and function by affecting neurotransmitters, the brain chemicals that communicate information throughout our brain and body.

Lifestyle Impact

Substance abuse often leads to significant lifestyle changes that can trigger or worsen depression. This includes financial difficulties, relationship problems, job loss, and legal issues.

Health Consequences

These health problems can include chronic pain, liver disease, and other physical health problems that can cause depressive symptoms.

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