



LANDMARK RECOVERY

What is the difference between **COMORBIDITY & CO-OCCURENCE?**



COMORBIDITY: Comorbidity refers to the existence of two or more disorders or illnesses occurring in the same person, either simultaneously or sequentially. The disorders could be physical illnesses, mental health conditions, or a mix of both.

CO-OCCURENCE: Co-occurrence is a broader term used to describe the presence of two or more events happening at the same time, but not necessarily linked by a cause-and-effect relationship. In the context of addiction, it can refer to the simultaneous incidence of substance misuse and another distinct behavior, event, or condition.